



Our Way Southland
“We are Healthy People”

Southland District Health Board



SOUTHERN

ALLIANCE



Otago
District Health Board
Pōwhiri Hauora-ā-rohe ki Ōtago

We are Healthy People

1. Life Expectancy at birth
2. Southland Regional Sport, Recreation and Physical Activity Profile 2007-2008
3. Housing – quality/age/affordability of housing stock
4. Access to Primary Health Providers
5. Publicly-funded Hospital discharges by diagnosis 2004-2006 by Territorial Local Authority
6. General Health Summary by District Health Board area 2006/07



Determinants to Health Outcomes

1. Genetic inheritance
2. Age
3. Gender
4. Ethnicity
5. Income
6. Education
7. Employment
8. Housing
9. Access to health care services

District Annual Plan 2009/10

- Minister's Expectations
- Government's Health Targets
- DHB Priorities



Minister's Expectations

1. Improve service and reduce waiting times

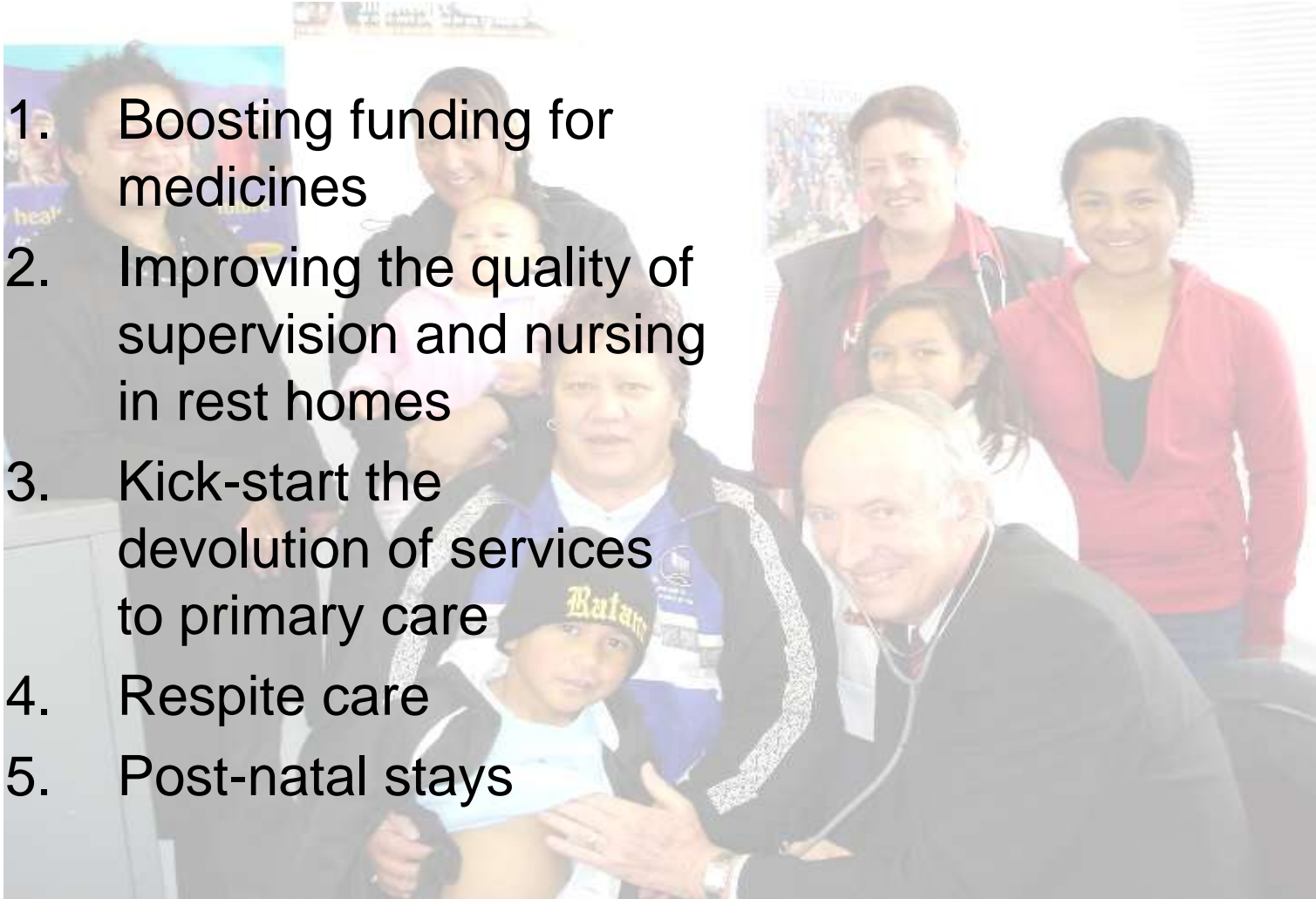
- Increase elective volumes
- Improve emergency department waiting times
- Improve cancer treatment waiting times

2. Improve workforce retention


- Improve clinical staff retention
- Foster clinical leadership

Government Priorities

1. Boosting funding for medicines
2. Improving the quality of supervision and nursing in rest homes
3. Kick-start the devolution of services to primary care
4. Respite care
5. Post-natal stays



Southland DHB Health Targets

- Shorter stays in emergency departments
- Improved access to surgery
- Shorter waits for cancer treatment
- Increased immunisation
- Better help for smokers to quit 
- Better diabetes and cardiovascular services

1. DHB Contribution to Outcome 4

| Government Priority Health Area | | | Our Way Southland | |
|--|--|--------------------------|---|-----------|
| Target Title | National Target Description | DHB Target | Outcome 4 | Indicator |
| Shorter stays in Emergency Department | 95 percent of patients will be admitted, discharged, or transferred from an Emergency Department (ED) within six hours. | 95% | 4.4 Equity of access. | 4 |
| Improved access to surgery | The volume of elective surgery will be increased by an average 4,000 discharges per year (compared with the previous average increase of 1400 per year). | 3491 surgical discharges | 4.1 Healthy Lifestyles 4.4 Equity of access. | 1,5 |
| Shorter waits for cancer treatment | Everyone needing radiation treatment will have this within six weeks by the end of July 2010 and within four weeks by December 2010. | 100% by six weeks | 4.1 Healthy Lifestyles 4.4 Equity of access. | 1 |
| Increased Immunisation | 95% of two year olds are fully immunised. | Total: 93% Māori: 91% | 4.1 Healthy Lifestyles 4.4 Equity of access. | 1,4 |



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2. DHB Contribution to Outcome 4

| Target Title | National Target Description | DHB Target | Outcome 4 | Indicator |
|--|--|--|--|-----------|
| Better help for smokers to quit | 90% of hospitalised smokers are provided with advice and help to quit. Similar target for primary care from July 2010 or earlier, through the PHO Performance Programme. | 2010: 80% 2011: 90% | 4.4 Healthy Lifestyles | 1 |
| Better diabetes and cardiovascular services | Increased percent of the eligible adult population have had their CVD risk assessed in the past five years. | Māori: 55% Pacific: N/A Other: 68% Total: 67% | 4.1 Healthy Lifestyles 4.4 Equity of access. | 1,4 |
| | Increased percent of people with diabetes attend free annual checks. | Māori: 46% Pacific: 40% Other: 62% Total: 60% | 4.1 Healthy Lifestyles 4.4 Equity of access. | 1,4 |
| | Increased percent of people with diabetes have satisfactory or better diabetes management. | Māori: 72% Pacific: 78% Other: 88% Total: 86% | 4.1 Healthy Lifestyles 4.4 Equity | 1,4 |

3. DHB Contribution to Outcome 4

| Other DHB Service Priorities | Action | Outcome 4 | Indicator |
|--------------------------------|---|---|-----------|
| Health Needs Analysis | Understand the health needs of our population. | 4.4 Equity of access. | 5 |
| Healthy Eating, Healthy Action | Continued implementation of the HEHA work plan | 4.1 Healthy Lifestyles | 1,2,6 |
| After hours services | Develop an after hours plan | 4.4 Equity of access. | 4 |
| Children's Oral Health | new fixed and mobile clinics for school age children. | 4.1 Healthy Lifestyles 4.4 Equity of access. | 4 |
| Primary Care | Develop a primary care plan. | 4.1 Healthy Lifestyles 4.4 Equity of access. | 4 |

Where to from here/Challenges

1. HR Resource
2. Population Based Funding
3. Equity of access to services for all, e.g. Emergency Department attendances